



Around the WaterCooler



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UIL STATE TENNIS

Tennis State Tournament

2017 DATES & LOCATION

Thursday, May 18—Friday, May 19

George P. Mitchell Tennis Center & Omar Smith Intramural Tennis Center, Texas A&M University, College Station

For Bracket information and other information please go to the website below.

<https://www.uilTEXAS.org/tennis/state>

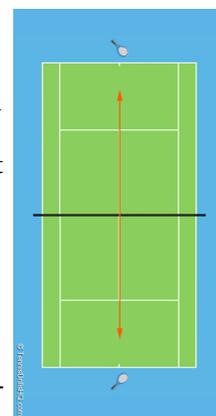
Want to get involved with the TTCA?

Contact any of the officers on the left and we will find a way to get you involved.

Touch the Fence

Touch the Fence is a tennis drill that has two players compete against each other first to 11 points.

A point should begin through a drop-and-hit down the middle with the return having to be hit back down the middle. After each point the loser of the point must run and touch the fence as the coach counts to 4 seconds, after which the winner of the point can begin the next point through a drop-and-hit.



This is a fast-paced drill that gives even greater incentive of winning the point.

Strategy vs. Tactics

What is the difference between a strategy and tactic?

A strategy is “what” you want to do, while a tactic refers to “how” you’re going to do it. For example, an all-court player may use the strategy of starting out at the baseline and waiting for or producing short balls he or she can attack. The tactics this player would use would include shot combinations which exploit the geometry of the court, as well as the weaknesses of a typical opponent (e.g., hitting low-bouncing balls, shorter in the court to players with Western grips or two-handed backhands to produce weak replies).

A baseliner might want to use their steadiness or power to force errors and hit winners. The tactics this player would use would revolve around the use of depth and direction to: **1) force errors; 2) open the court for winner opportunities; 3) produce short balls which can be hit for winners.**

A net rusher would want to serve and volley, as well as attack on returns. This player would use tactics that included:

1) taking speed off the serve and serving into the body; 2) going for first-strike opportunities on first serves; 3) attacking second serves to gain the net.

While there are many strategies and tactics used in every singles match, players should focus practice on those which are most appropriate for their style of play. Players should also develop a base of strategies and tactics based on their skill level. Since most high school players are not aggressive serve and volleyers, it’s probably a good idea to work on your team members’ fundamentals for baseline play. This will help baseliners play more effectively from their position, while all-court players will be able to work on producing the short balls which will allow them to attack.